

Easy Carrot Salad

Ingredients

3- 4 carrots grated (about 500 grams)

1/3 cup olive oil

1 tablespoon lemon juice

Drizzle of honey

1/4 teaspoon salt

1/4 teaspoon pepper

2 tablespoons sunflower seeds

1/2 cup sultanas

1 shallot finely chopped (optional)

Instructions

1. In a bowl mix together olive oil, lemon juice, honey, salt and pepper.
2. Add grated carrot.
3. Add sunflower seeds, sultanas and shallots.
4. Cover and refrigerate to allow the flavours to set. Use in the lunch box or an accompaniment to lunch or dinner.