

Love the Moment Challenge – June 2011

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
<p>Be true to who you are: Look for opportunities to share things you love with your child. What's your passion: cooking—knitting—craft—science—sport—scrapbooking?</p>						
6	7	8	9	10	11	12
<p>Be Brave: Do something new or something that may not come naturally to you. Ideas: paint—play hide & seek—go media free—dress up—write a letter—forgive</p>						
13	14	15	16	17	18	19
<p>Be Adventurous: Do something out of the ordinary. Ideas: dinner outside—family sleep out in the living room—short drive right after dinner—new recipe—bright lipstick</p>						
20	21	22	23	24	25	26
<p>Be Creative: Find a different way to do something. Ideas: try rolling towels instead of folding—change a room around—collect milk bottle lids—organise toys in a different way</p>						
27	28	29	30			
<p>Be Imaginative: Pretend you're an expert at something. Ideas: do a flower arrangement—decorate a cake—knit a scarf</p>						

love the moment 